CITY OF NORTH SALT LAKE
HEALTH AND WELLNESS COMMITTEE
ANCHOR LOCATION: CITY HALL
10 EAST CENTER STREET, NORTH SALT LAKE
FEBRUARY 13, 2023

FINAL

Corey Markisich called the meeting to order at 6:30 p.m.

PRESENT: Rachel Butterfield
Corey Markisich, Chair
Mary Kay Porter
Alisa Van Langeveld, City Council
Valerie Walton
Janet Welsh, Vice Chair

STAFF PRESENT: Ken Leetham, City Manager; Craig Black, Police Chief; Sherrie Pace, Community Development Director.

OTHERS PRESENT: Oliver McDaniel.

1. APPROVAL OF MINUTES

The Health and Wellness Committee minutes of January 9, 2023 were reviewed and approved.

Committee Member Welsh moved to approve the meeting minutes for January 9, 2023, as amended. Committee Member Walton seconded the motion. The motion was approved by Committee Members Butterfield, Markisich, Porter, Walton, and Welsh.

2. CITIZEN COMMENT

There were no citizen comments.

3. DISCUSSION ON THE GOALS AND PRIORITY ASSIGNMENTS

Ken Leetham reviewed the ten goals for 2023 that had been placed into categories including physical and mental health, emergency preparedness, personal wellness, food and housing access, and addiction. He said each goal was compiled into a spreadsheet with a category, description, assignment, impact, estimated timeline, and notes. The spreadsheet also included completed goals and yearly accomplishments.

Ken Leetham mentioned the goal to provide letters of support/encouragement to the City Council, Youth City Council, City staff, and Parks and Arts Board related to the provision of personal wellness, amenities, and activities in the City as well as letters for the creation of events such as food drives and existing food pantries. He asked if the Health and Wellness Committee had an interest in creating first drafts of the letters or if they would rather have City staff prepare the letters. Mr. Leetham said if staff prepared the letters then the Committee would review them and provide input.

Ken Leetham spoke on the goal to have resources on the City's website related to addiction recovery resources and having addiction recovery materials at the Night Out Against Crime event. Corey Markisich commented that this was something he could assist with.

Corey Markisich asked if there was an example of what would be appropriate for the support letter. Councilmember Van Langeveld said that a formal letter was a great strategy to share information. She suggested a combined meeting with the Parks and Arts Board and inviting the Youth City Council to attend a Committee meeting to share ideas.

Ken Leetham said the Health and Wellness Committee would not need to meet monthly in the future and suggested attending a Parks and Arts meeting in lieu of a Committee meeting.

Janet Welsh said that the Committee could even attend a Parks and Arts meeting next month. She offered to take ownership/assist with the City's Night Out Against Crime which was one of the Committee's goals.

Ken Leetham recommended that it may be easier for several Committee members versus the entire Committee to attend Planning Commission, Parks and Arts Board, and Youth City Council meetings to share the goal document.

Janet Welsh suggested she and Rachel Butterfield could attend a Planning Commission meeting. Councilmember Van Langeveld said she would also like to attend as well and asked for an agenda item to allow the Committee members to share goals and have a discussion.

Corey Markisich and Councilmember Van Langeveld agreed to attend a Parks and Arts Board meeting.

Councilmember Van Langeveld asked if it would be helpful for the police department to receive input from the Committee. She suggested asking the officers at a staff meeting. Chief Black replied that most of what the officers provided feedback on may be beyond the scope of what the Committee could accomplish.

Councilmember Van Langeveld also agreed to attend a Youth City Council meeting. Corey Markisich commented that he would attend a Golf Course Oversight Committee meeting.

Councilmember Van Langeveld said that Committee members attending these meetings could take the place of a formal letter.

The Committee discussed amending the goals to remove the issuance of a formal letter and conducting three classes a year in conjunction with Communities that Care Coalition due to the constraints of Davis Behavioral Health.

Janet Welsh mentioned there were one night classes through Davis Behavioral Health. Ken Leetham suggested assigning Wendy Page and Mary Kay Porter to this goal.

Valerie Walton offered to streamline the talking points from the discussions with the other Boards and Commissions and comparing them to the existing goals. She said it was not just meeting with the other committees but having dialog and a focus on the goal of an activity.

Ken Leetham commented that attending these additional meetings would allow the Committee to see what events the other groups had planned and to share information about the goals and events of the Health and Wellness Committee.

Councilmember Van Langeveld said that the Health and Wellness Committee should choose events that were purposeful and impactful.

Valerie Walton asked about adding or editing the assignment column of the goal spreadsheet to show what Committee members had volunteered for and what role City staff members would take.

Janet Welsh asked about the date for the Night Out Against Crime. Chief Black responded that it was generally held in August. He mentioned Communities That Care was looking for approximately $8,000 in funding from private sponsors and asked the Committee to keep this in mind.

4. DISCUSSION OF ANNUAL REPORT FOR CITY COUNCIL

Corey Markisich asked to see an example of an annual report. Ken Leetham commented that he could send a previous report from the Parks and Arts Board for review. He suggested sharing the 2023 goals and 2022 accomplishments would be the most important content of the annual report.

Janet Welsh said it was important to note that in narrowing down the goals for 2023 that there was a focus on selecting different topics/categories.

Ken Leetham agreed to make a PowerPoint presentation for the City Council report. He asked for feedback on what should be included in the presentation. Corey Markisich suggested the biggest accomplishment was identifying the direction of the Health and Wellness Committee and several main goals.

Mary Kay Porter mentioned that one accomplishment from 2022 was involvement with the high school resource center.

Janet Welsh commented that the Legislature was considering funding teen resource centers at every high school in the State. She said there may be something the Committee could do if that did occur.

Councilmember Van Langeveld suggested having sections in the presentation including a narrative history of the Committee, information on the Committee members including interests and expertise, 2023 goals, and 2022 accomplishments. She detailed the accomplishments which were passing bylaws and creating goals, partnering with Communities That Care, partnering with other organizations including the Health Fair, Healthy Communities Distinction (with ULCT), and obtaining feedback from the Senior Lunch Bunch.

Janet Welsh suggested that each Committee member could provide a short bio to Corey Markisich for the presentation.

Valerie Walton asked that Corey Markisich also recognize how valuable and collaborative staff had been during the presentation to the City Council.

Corey Markisich asked what the City Council knew about the Health and Wellness Committee. Councilmember Van Langeveld replied that the Council had passed the original Resolution with the intent. She also reported on specific things the Committee accomplished and was working on.

Janet Welsh questioned when the presentation to the City Council would be. Ken Leetham replied that if the Committee was ready then the presentation would be on February 21st. He mentioned compiling a written report as well.

5. REVIEW OF REQUIREMENTS RELATED TO THE ETHICAL BEHAVIOR POLICY AND CONFLICTS OF INTEREST

Ken Leetham reported on the Ethical Behavior Policy and conflicts of interest. This included transactions or activities which would appear to create impairment of judgment, having a financial interest in any matter related to duties held by the individual, transactions with parties or firms where a relationship existed (in the prior 12 months), and having a financial interest in any contract or transaction. He then spoke on the general process for reimbursements which was receiving approval in advance from Ken Leetham or Wendy Page, making the expenditure, and then submitting a receipt to Ken or Wendy.

6. COMMITTEE MEMBER BUSINESS

Ken Leetham reported the State Legislature approved a one time appropriation of $55 million for active transportation (modes other than cars). This also included an uninterrupted trail system throughout the State. He said the Committee would be included in these decisions once funding became available to the City.

Councilmember Van Langeveld spoke on the goal related to safe walking paths for the schools with Wasatch Front Regional Council. She asked if she could contact WFRC related to this goal. Ken Leetham replied that Ali Avery was the City's Long Range Planner and could follow up on this item.

Councilmember Van Langeveld reported that the Council had just approved a memorandum of understanding with Lime for scooters and e-bikes to operate in the City. This would help in providing active transportation options for residents.

7. ADJOURN

The meeting was adjourned at 7:45 p.m.

The foregoing was approved by the Health and Wellness Committee of the City of North Salt Lake on June 12, 2023 by unanimous vote of all members present.

Wendy Page

Wendy Page, City Recorder