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NSL INSIDER

September 2023



Photo by Gentry Holbrook: Fall Leaves Wild Rose Park

The NSL Insider is an e-newsletter published by the City of North Salt Lake and includes relevant news and event information for City residents. To join our email list, please click on the "SUBSCRIBE HERE" button below. Your email address will only be used for the purpose of sending this newsletter or emergency information.

UPCOMING EVENTS & PUBLIC MEETINGS

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|--|--------------------------------|
| 9.20: Photography Night | 10.11: Senior Lunch Bunch |
| 9.22-24: Fall Clean-up | 10.14: 2nd Saturday Garbage |
| 9.25: Food Trucks & Vendor Fair (Last One) | 10.15: Secondary Water Off |
| 9.26: Parks Trails & Arts Mtg | 10.17: City Council |
| 9.26: Planning Commission | 10.24: YCC Mobile Food Pantry |
| 9.26: YCC Mobile Food Pantry | 10.24: Planning Commission |
| 10.3: City Council | 10.24: Parks Trails & Arts Mtg |
| 10.9: Health & Wellness Mtg | 10.26: Meet the Candidates |
| 10.10: Planning Commission | 10.28: Halloween Spooktacular |

PHOTOGRAPHY NIGHT 9.20.23

The City's Parks Trails and Arts Board is excited for this year's Photography Night with Derek Israelsen Wednesday, 9.20! Derek is a commercial photographer with an emphasis on Product, Lifestyle, and Editorial Photography and will share his love of photography with info, tips, ideas, and inspiration.

Did you submit a photo in this year's Photo Contest? Winners will also be announced at this event!

[MORE INFO](#)

ANNUAL FALL CLEAN UP



The annual FALL CLEAN UP for NSL residents and businesses is scheduled for September 22-24. Dumpsters will be available for garbage, green waste and metals at the Public Works building located at 642 N. 400 W., and City staff will be available to help residents dropping off approved items at no charge.

See link below for for more information and a list of items that will not be accepted during the clean up. (Many of these items may be taken to the Wasatch Integrated Waste Management landfill in Layton.)

[MORE INFO](#)

COMMUNITY HEALTH AND WELLNESS

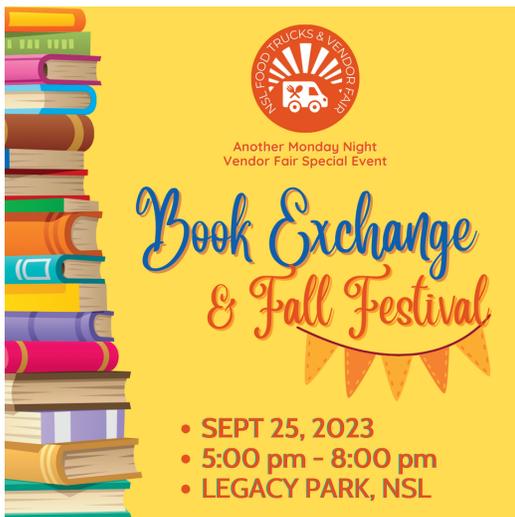


As a State of Utah designated "Healthy Utah Community" the City recognizes the importance of health and wellness in the community and with our residents. The NSL Health & Wellness committee invites you to the following classes FREE of charge.

- Every Day Strong: to help parents/adults build resilience in children. Sept 27 7pm
- Youth Mental Health First Aid: workshop to help adults recognize serious mental health needs of children and adolescents. Sept 30 9am-5pm
- Learning to Breathe: to help adults learn to reduce symptoms of anxiety and depression, regulate emotions and increase stress management skills. Begins Sept 28 (6 wks.) 10:30-11:45am

[MORE INFO](#)

BOOK EXCHANGE & FALL FESTIVAL



The change of seasons also brings us to our final Monday Night Food Truck and Vendor Fair - and second annual community Book Exchange and Fall Festival!

Bring your gently loved books to the east pavilion (between 5 and 7 pm) and exchange them for new adventures, mysteries, sci-fi, and more! Then, visit the pumpkin patch where kids can play a game to win a pumpkin! See you there!

Thank you, Pamela Cannon, for all your hard work coordinating the Vendor Fair each week!

[MORE INFO](#)

HALLOWEEN SPOOKTACULAR

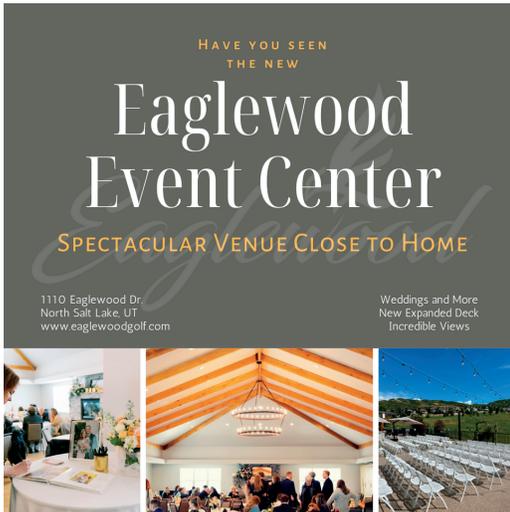


Discover all the Halloween family fun this year at our not-too-spooky Hatch Park Spooktacular on October 28th at 9:00 am! Bring your family and join the festivities - take a stroll around the park and enjoy a fall morning of laughter and camaraderie with great music, photo ops, treats and more!

Interested in getting involved in NSL events? email us at info@nslcity.org.

[MORE INFO](#)

EAGLEWOOD EVENT CENTER



Planning a wedding or other special event? Have you visited the newly remodeled Eaglewood Event Center at Eaglewood Golf Course? The views have always been there, and now the beautiful updated venue matches the incredible setting!

Dates are filling quickly for 2024, so contact our professional staff today and tour this spectacular venue, close to home! Ask about our NSL resident discount.

[MORE INFO](#)

PUBLIC MEETINGS



The community is invited to attend all public meetings.

- City Council (1st & 3rd Tues.) 6:00 pm work session; 7:00 pm regular session at City Hall
- Planning Commission (2nd & 4th Tues.) 6:30 pm at City Hall
- Health and Wellness Committee: (2nd Mon.) 6:30 pm at City Hall
- Parks Trails Arts & Recreation Advisory Board (4th Tues.) 6:00 pm at Public Works Building

Contact nslstaff@nslcity.org for more information.