

NSL INSIDER

January 2024



This is a printed copy of the e-newsletter that was emailed to subscribers. Please subscribe at www.nslcity.org.

UPCOMING EVENTS & PUBLIC MEETINGS

- | | |
|-------------------------------------|---|
| 1.23: YCC Mobile Food Pantry | 2.13: Planning Commission |
| 1.23: Planning Commission | 2.19: Closed for Presidents' Day |
| 1.23: Parks and Arts Mtg | 2.20: City Council |
| 2.6: City Council | 3.3: Soccer Registration Closes |

SENIOR LUNCH BUNCH

NORTH SALT LAKE Senior Lunch Bunch

- **February 14, 2024**
- **11:00 am at City Hall**

The Senior Lunch Bunch meets on the 2nd Wednesday of the month.

We love our seniors, and what better day to get together than February 14th? Join us for a catered lunch, some Rock & Roll by the Bowler Boys and Bingo! (Remember to bring a prize for the prize table.)

See you at 11:00 am at City Hall on February 14th!

It's always more fun when you're with us!

Interested in volunteering to assist with the City's monthly Senior Lunch? Contact Wendy at 801-335-8709 or email: wendyp@nslcity.org

NEWLY-ELECTED CITY COUNCIL MEMBERS

SWEARING-IN CEREMONY

Councilmembers Clayton, Jackson and Knowlton
January 2, 2024

L to R: Suzette Jackson, Ted Knowlton, Tammy Clayton and Mayor Brian Horrocks

During the January 2, 2024 City Council meeting, Mayor Horrocks performed the swearing-in of Tammy Clayton, Suzette Jackson and Ted Knowlton, who were elected to the office of City Council in last November's municipal general election.

Tammy Clayton will be the council representative to the Youth City Council. Suzette Jackson will serve with the City's Parks and Arts Board, and Ted Knowlton has been asked to represent the City on the Jordan River Commission.

Read more about these new councilmembers on Page 5. We wish them the best of luck as they serve our community for the next four years.

2024 CITY EVENTS

DATE	EVENT	DATE	EVENT
March 7	NSL Reads	July 8-25	Summer Rec Classes Session 2
March 30	Easter Egg Dash	August 8	Night Out Against Crime & Health Fair
Apr 13- May 18	Spring Rec Soccer	Sept 2	Splash Pad Last Day
April 15	Food Trucks Opening Night	Sept 7- Oct 12	Fall Rec Soccer League
April 27	Arbor Day Tree Planting	Sept 7	9/11 Day of Service
May 4	Kite Festival	Aug 25- Sept 13	Photo Contest
May 11	Golden Spoke Bike Ride	Sept 14	Get to the River Event
May 17-19	Spring Clean-up	Sept 14	Family Golf Scramble
May 25	Splash Pad Opens	Sept 20-22	Fall Clean-up
June 3-20	Summer Rec Classes Session 1	Sept 22	Oktoberfest at Eaglewood
June 3	Unity in our Community Pride Event	Sept 23	Unity in our Community Hispanic Heritage Event
June 10	Unity in our Community Juneteenth	Sept 23	Food Trucks & Vendor Fair Final Night
June 29	Liberty Fest at Legacy	Oct 26	Halloween Spooktacular
July 2	Eaglewood Auto Fest	Dec 2	Winter Lights Fest
July 3	Liberty Fest Fireworks	Dec 14	Breakfast w/Santa @ Eaglewood

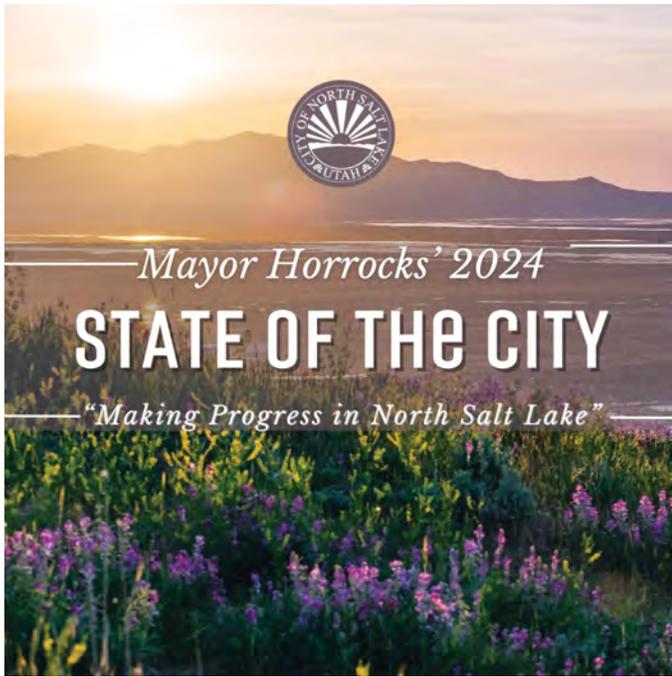
- 2ND WEDNESDAY OF EVERY MONTH: SENIOR LUNCH BUNCH AT CITY HALL
- 4TH TUESDAY OF EVERY MONTH: YCC MOBILE FOOD PANTRY

*Event dates, times and locations are subject to change due to unforeseen circumstances.



www.nslcity.org

STATE OF THE CITY - MAYOR HORROCKS



Making Progress in North Salt Lake

2023 was a good year for the City

Here is a look at some of the significant things that happened last year and why I am positive about the upcoming year. In January, we said goodbye to two Council Members, Natalie Gordon and Stan Porter. We will miss their contributions. We are very pleased to welcome three newly-elected Council Members: Tammy Clayton, Suzette Jackson and Ted Knowlton. We hope you'll take the time to get to know your elected officials. We all serve because we love North Salt Lake and want to help it be the best community it can be!

You may have noticed around town that the City made some reinvestment in our neighborhood parks. We upgraded and replaced playground equipment in three Foxboro parks, Stonehenge, Oldham and Caleb, and we have more planned for 2024. We also added pedestrian pathways at Legacy Park and Fox Hollow Park.

The City has hired a design and construction team for the expansion and renovation of Hatch Park. This park will have many new features including a large water feature, pickleball courts, a large gathering space for community events and many opportunities for outdoor play and recreation. Look for announcements about this exciting renovation on the City's social media pages and its website.

The City also completed several water line replacement and road repair projects including 175 East, Wilson Avenue, Lacey Way, cul-de-sacs on Eaglewood Loop, the upper portion of Eaglewood Drive and a significant overlay on Eagleridge Drive.

Early in 2023, the City completed the renovation of the Eaglewood Golf Course and Event Center. This historic project has been a wonderful enhancement to the City's golf and event facility. We encourage residents to use the beautiful venue for weddings, banquets, family get-togethers and corporate events and take advantage of a sizable 20% booking discount offered to residents. If you haven't enjoyed a delicious meal in our new café, be sure to check that out. In addition to the event center, the City added state-of-the-art golf simulators for year-round practice and play. This state-of-the-art technology is available by the hour or with annual membership. We hope residents will take advantage of this added feature at the Course.

North Salt Lake sponsors many events throughout the year that we hope enhance the quality of life for its residents. There is a weekly Food Truck and Vendor Fair on Monday nights at Legacy Park in Foxboro which runs annually from Spring to Fall. The City's Liberty Fest events include events on the west side and east side of the City culminating in a wonderful fireworks show on July 3 at Eaglewood Golf Course. There are also many other family-friendly events such as a kite festival, Easter egg dash, Arbor Day tree plantings, Jordan River canoeing, Golden Spoke bike ride and a Halloween event. In 2023, the City sponsored a Winter Lights Fest holiday celebration at City Hall with a visit from Mr. and Mrs. Clause, cookies, hot chocolate, music and lights.



STATE OF THE CITY (CONT.)

The City's Health and Wellness Committee sponsored several classes related to family and personal relationships and mental well-being in 2023. This Committee is charged with increasing awareness of physical and mental health and sharing resources available to our residents in these areas. Each year, the City conducts a Health Fair together with the Night Out Against Crime in August.

You may have noticed that water and storm drain monthly fees have increased for the past couple of years and they are likely to continue to increase each year. While we've had a strong 18 months of precipitation in Utah, the City still has a need to further encourage water conservation. So, our current rate structure rewards water conservation for those who engage in best outdoor watering practices and discourages overuse through higher rates for higher usage. We believe that long-term, the City's water supply could be greatly extended through conservation and would allow us all to avoid purchasing additional water at extremely high cost. The City also needs to improve its fiscal health in the Water Fund in order to continue to make needed water line replacements.

Finally, in 2024 the City will be revising its General Plan document that was adopted in 2013. Over the next twelve months, the City will be working to update its land use plan, housing strategies, parks and recreation element and other important pieces of the General Plan. As a part of this project, there will be some public outreach to solicit feedback and we hope you'll take that opportunity to respond and have a say in how North Salt Lake moves into the future.

While the City has a diversified revenue structure and is fiscally sound and responsible, the City is also evolving from a high-growth city to one that now must maintain aging public infrastructure like water and storm drain lines, roads and parks. As I lead the City Council in the important activity of budgeting each year, I am always mindful of the need to balance levels of service against spending public funds. All of the elected officials and appointed City leaders are thoughtful and careful when deciding what is most important and what is in the best interests of all residents of North Salt Lake.

I am encouraged as we begin 2024. The state of our city is strong. Our city has strong leadership in our elected officials. We have a strong and dedicated staff. We have strong businesses and a strong local economy. I urge citizens, families, businesses, and leaders to stay united in building a prosperous city that maintains that strong sense of community that we all love about North Salt Lake.

With much appreciation,



Brian J. Horrocks, Mayor



TED KNOWLTON



Ted and his wife Laura and three children have lived in NSL for 20 years. He has served the City for ten years, two with the City Council and eight on the Planning Commission, including three years as Commission Chair.

Ted is the Deputy Director at Wasatch Front Regional Council (WFRC), a transportation planning organization for the region that is guided by a board of Mayors and County Commissioners. He teaches in the College of Architecture + Planning at the University of Utah, where he was recognized as a Distinguished Alumni and has served twice as the chapter president of the American Planning Association Utah Chapter.

TAMMY CLAYTON



I am so excited to be one of the elected new City Council representatives from this last election. I am a life-long resident of Davis County and have spent the last 20 years residing in North Salt Lake.

My husband Wayne and I have raised three amazing sons and we are most enjoying spoiling our four-year old grandson, Nixon. I am a people person and I find great joy in service.

I am passionate about bringing a positive energy to our community. I loved serving as the Chair of the PTAR (Parks, Trails, Arts and Recreation) Board where our committee planned and organized various activities and community events for the residents and friends of North Salt Lake. I work as the Office Manager at Bountiful Orthodontics as my full time employment and love spending any spare time I have with my husband and family. I am very blessed and fortunate in my life. I love living in North Salt Lake and I want and hope you feel the same.

SUZETTE JACKSON



I wear a lot of hats but my favorite hat is being a mother of 5 wonderful children and now the grandma to one granddaughter, who has stolen my heart! I was born in North Salt Lake, went to school in Bountiful after my parents moved there, and graduated from WSU in Respiratory Therapy and Hospital Admin. I returned to NSL 20 years ago, and I love this community.

Community service and volunteering have long been passions of mine, whether in the schools, cub scouts, church, or various political organizations. Currently I am serving on the Woods Cross High School community council and also completing my third year teaching a class in Nigeria for BYU Pathway.

I am passionate about health and fitness and earned my black belt in 3 different martial arts styles when I was 18. I have taught self-defense and other fitness classes in this area for 20 years, and currently teach at EOS and Vasa.

Public service has long been a part of my family heritage, and I am grateful to be given the opportunity to listen to and serve the residents of North Salt Lake. I love this community and want to continue to make it a place where we all want to live and raise our families.

SPRING SOCCER LEAGUE AGES 3-10



REGISTER NOW

**NSL RECREATION
2024 SPRING
SOCCER LEAGUES**

TEAMS FOR
KIDS
AGES 3-10

<https://secure.recl.com/UT/north-salt-lake-ut/catalog>

Spring is right around the corner, and with it comes energy, grass, sunshine and soccer! NSL Recreation Soccer registration is now open for kids ages 3-10.

- The season is April 13 - May 18
- Games are Saturday mornings at Hatch Park
Registration fee is \$55 (until Feb. 18) and uniform fee is \$30, but waived if player has 2023 fall uniform.

**MORE INFO & REGISTRATION LINK AT
WWW.NSLCITY.ORG**

RESOURCES FOR RESIDENTS



**Senior
HEALTH
and Community
Resource
FAIR**

Thursday February 8th
42 S State St, Clearfield
11:00am - 3:00 pm
North Davis Senior Activity Center

Get Free Screenings & Information

- Transportation
- In Home Aging Services
- Pain Management
- Diabetes Prevention
- Food Resources
- Vaccinations
- and more.....

For more information Call
801-525-5080

**Davis
COUNTY
HEALTH DEPARTMENT**



University of South Carolina Center for the Study of Aging
in the South Carolina School of Public Health and the SC Department of Health and Human Services Premier

Dementia Dialogues™

The Dementia Dialogues program is hosted at SOCSA in the office for the Study of Aging and the South Carolina Department of Health and Human Services

Tuesday
February 13th, 20th and 27th
1:00-3:30

REGISTER BY EMAILING: sknight@co.davis.utah.gov
or by calling Sheryl at (801) 525-5127

SEATS ARE LIMITED AND WILL FILL UP QUICKLY.

The Training will be held at
North Davis
Senior Activity Center
42 S. State St. Clearfield, UT

Topic 1 The Basic Facts: An Introduction to Dementia
Topic 2 Keeping the Dialogue going: Communication Skills
Topic 3 Preparing the Environment: Safety, ADLs and QOL
Topic 4 It's Nothing Personal: Addressing the Challenging Behavior
Topic 5 Now What Do I Do? Creative Problem Solving

Taught by: Sheryl Knight

Sheryl Knight is a Social Service Worker for Davis County Senior Services. Sheryl has been with Davis County for 7 1/2 years working as a Case Manager with In-home services. On a personal note, Sheryl was a caregiver to her grandmother who had Dementia, and also helped her father-in-law who was diagnosed with Alzheimer's. Sheryl enjoys working with older adults in our community.

UNIVERSITY OF SOUTH CAROLINA
Arnold School of Public Health

**Davis
COUNTY
HEALTH DEPARTMENT**



**Need help understanding
Medicare?**

Medicare 101
Join us at one of the FREE classes we offer, designed to help you understand Medicare

February 15th, 6:30 pm to 7:30 pm
@ Clearfield City Library

March 21st, 6:30 pm to 7:30 pm
@ Centerville City Library

April 18th, 6:30 pm to 7:30 pm
@ Layton City Library

SHIP is your trusted source for unbiased Medicare information and assistance

SHIP
Senior Health Insurance Program

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