

CITY OF NORTH SALT LAKE
HEALTH AND WELLNESS COMMITTEE
ANCHOR LOCATION: CITY HALL
10 EAST CENTER STREET, NORTH SALT LAKE
MARCH 11, 2024

FINAL

Chair Welsh called the meeting to order at 6:34 p.m.

PRESENT: Jane Hall
Chase Larson
Corey Markisich
Janet Welsh, Chair
Alisa Van Langeveld, City Council

EXCUSED: Mason Bennett, Vice Chair

STAFF PRESENT: Ken Leetham, City Manager; Craig Black, Police Chief; Sherrie Pace, Community Development Director.

1. WELCOME

Collin Chase Larson was introduced as the newest member of the Health and Wellness Committee. He commented that he preferred to be called Chase Larson.

2. CITIZEN COMMENT

There were no citizen comments.

3. APPROVAL OF MINUTES

The Health and Wellness Committee minutes of February 12, 2024 were reviewed and approved.

Committee Member Welsh moved to approve the minutes, as written. Committee Member Markisich seconded the motion. The motion was approved by Committee Members Hall, Larson, Markisich, and Welsh. Committee Member Bennett was excused.

4. DISCUSSION ON THE TRAILS SERIES EVENTS AND CALENDAR FOR 2024

This item was rescheduled for the next agenda.

5. REPORT ON KINDNESS INITIATIVE

Councilmember Van Langeveld said the One Kind Act a Day organization presented their Kindness Initiative to the City Council. The Council was supportive of a partnership in collaboration with the Health and Wellness Committee. She said this focus on kindness could include an independent event or as part of other City events. She reported the Mayor, Curtis Bennett, Mason Bennett, and herself met with local elementary schools to promote the One Kind Act event as well as to discuss City resources and partnerships with these schools. She indicated Orchard Elementary would have a One Kind Act event before the end of this school year and Foxboro Elementary planned to participate with the organization during the next school year.

Jane Hall asked if the One Kind Act was just for elementary school children. Councilmember Van Langeveld explained that it was not just for children and was a nonprofit that provided resources for a Kindness Initiative. She gave an example of an elementary school setting a goal to do 21,000 acts of kindness in a three week period.

6. REPORT ON STATUS FOR COMMUNITIES THAT CARE CLASS SCHEDULE

This item was rescheduled for the next agenda.

Chief Black said the Committee needed to choose which class they would like to host. He said the current class ended in two weeks with eight families participating.

Chair Welsh mentioned EveryDay Strong in the fall and Social Development Strategy in late spring or winter.

The Committee discussed asking Communities That Care for suggestions on which classes to offer, providing feedback after the classes, and available online courses.

7. REVIEW OF DRAFT CITY COUNCIL PRESENTATION FOR THE ANNUAL REPORT

Ken Leetham reported that the citizen committees reported annually to the City Council. The Health and Wellness Committee report from last year included the four areas of focus per the resolution, what was accomplished in the first year of the Committee. He said Janet Welsh would report to the City Council on what was being done in each of the focus areas.

The Committee discussed the goal of emergency preparedness which was part of the original resolution approved by the City Council.

Chase Larson asked if there were other entities involved in emergency preparedness such as the Fire Department. Chief Black replied that City staff and a volunteer were involved with

emergency preparedness and spoke on how other cities also worked with the LDS Church to coordinate these efforts.

Ken Leetham commented that this should be reviewed with the City Council.

Councilmember Van Langeveld mentioned that the City Council was revisiting the ordinance that created the Committee and reevaluating appointed Committee members and potentially addressing expanding to allow non appointed members to participate. She said this was the time to address whether emergency preparedness should be part of this Committee.

The Committee felt that while emergency preparedness needed to be addressed that it was outside the scope of the Health and Wellness Committee and should be a separate group.

Chair Welsh mentioned that there were large expenditures involved with emergency preparedness.

Chief Black explained that emergency preparedness was housed under Davis County who had a fulltime emergency preparedness director who worked with each city. He said many City employees had been FEMA trained which allowed for resources from the State or other cities. Chief Black mentioned that the areas that may be lacking would be neighborhood organization. He explained that this was where the LDS Church had generally filled in and how volunteers could help.

Ken Leetham said there was an emergency preparedness manual available on the City's website. He shared the windstorm event and how the City partnered with Davis County for National Guard and State help.

8. DISCUSSION ON ITEM/TOPIC FOR QUARTERLY NEWSLETTER SPOTLIGHT

The Committee mentioned that the next item for the spotlight would be an outdoor amenity corresponding with the Trail Series.

9. DISCUSSION ON FEEDBACK FROM OTHER COMMITTEES

Chase Larson was assigned to the Youth City Council.

10. CITY COUNCIL UPDATE

Councilmember Van Langeveld reported that the next annual wellness survey had posted today and was open for three weeks. She encouraged the Committee to share the link as well as complete the survey.

The Committee discussed sharing the link for the survey on social media, the City's website, and a flyer for residents that may not be on social media (such as the Senior Lunch Bunch).

Councilmember Van Langeveld said a City Councilmember had mentioned reviewing all of the City events including those sponsored by the Parks and Arts Board and the Health and Wellness Committee. She asked the Committee to consider which events were valued most and should continue.

11. COMMITTEE MEMBER BUSINESS

Chair Welsh mentioned collaborating with the Health Department for the use of City facilities for department programs. Ken Leetham replied that he reached out to Issa who would follow up with leadership on working together.

12. DISCUSSION ON AGENDA AND SCHEDULE FOR NEXT MONTH

Chair Welsh requested an agenda item to discuss the Health and Wellness Fair for vendors and other offerings.

Chase Larson asked about statistics for mental health concerns, crimes, etc. that were affecting the City and could be a focus for events. Councilmember Van Langeveld said that the annual wellness survey could help with this.

Chief Black said he could provide a report on some statistics related to crime, substance abuse, suicide, etc.

Chair Welsh explained that the following items would be on every Committee agenda: citizen comment, approval of minutes, discussion on feedback from other committees, City Council update, committee member business, and discussion on agenda and schedule for next meeting.

13. ADJOURN

The meeting was adjourned at 7:36 p.m.

The foregoing was approved by the Health and Wellness Committee of the City of North Salt Lake on April 8, 2024 by unanimous vote of all members present.


Wendy Page, City Recorder

