



CITY OF NORTH SALT LAKE

HEALTH AND WELLNESS COMMITTEE MEETING NOTICE & AGENDA

August 12, 2024
6:30 P.M.

Notice is given that the City of North Salt Lake's Health and Wellness Committee will hold a meeting on **August 12, 2024 at 6:30 p.m.** The meeting will be held in the Council Conference Room on the 2nd Floor of City Hall, 10 East Center Street, North Salt Lake, Utah. Some members may participate electronically.

The following items of business will be discussed; the order of business may be changed as time permits.

AGENDA ITEMS

1. Welcome
2. Citizen Comment
3. Approval of Minutes from May 30, 2024
4. Discussion on the Health & Wellness Fair
5. Report and Discussion on Statistical Data Related to Crime, Substance Abuse, and Suicide
6. Review and Discussion of Homelessness Presentation
7. Discussion on Feedback from Other Committees
8. City Council Update
9. Committee Member Business
10. Discussion on Agenda and Schedule for Next Meeting
11. Adjourn

Health & Wellness Committee meetings are open to the public. If you need special accommodation to participate in the meeting, please call (801) 335-8709 with at least 24 hours' notice.

Notice of Posting:

I, the duly appointed City Recorder for the City of North Salt Lake, certify that copies of the agenda for the Health & Wellness Committee meeting to be held **August 12, 2024** were posted on the Utah Public Notice Website: <https://www.utah.gov/pmn/>, City's Website: <https://www.nslcity.org>, and at City Hall: 10 E. Center St. NSL.

Date Posted: August 8, 2024


Wendy Page, City Recorder



1 CITY OF NORTH SALT LAKE
2 HEALTH AND WELLNESS COMMITTEE
3 ANCHOR LOCATION: CITY HALL
4 10 EAST CENTER STREET, NORTH SALT LAKE
5 MAY 30, 2024

6
7 **DRAFT**
8

9 Chair Welsh called the meeting to order at 6:30 p.m.

10
11 PRESENT: Mason Bennett, Vice Chair
12 Jane Hall
13 Janet Welsh, Chair
14 Alisa Van Langeveld, City Council
15

16 EXCUSED: Chase Larson
17 Corey Markisich
18

19 STAFF PRESENT: Ken Leetham, City Manager; Craig Black, Police Chief; Sherrie Pace,
20 Community Development Director; Linda Horrocks, Communications Coordinator.
21

22 1. CITIZEN COMMENT
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24 There were no citizen comments.
25

26 2. APPROVAL OF MINUTES
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28 The Health and Wellness Committee minutes of April 8, 2024 were reviewed and approved.
29

30 **Committee Member Bennett moved to approve the minutes as drafted. Committee Member**
31 **Hall seconded the motion. The motion was approved by Committee Members Bennett,**
32 **Hall, and Welsh.** Committee Members Larson and Markisich were excused.
33

34 3. DISCUSSION ON THE TRAILS SERIES EVENTS AND CALENDAR FOR 2024
35

36 Mason Bennett reported that the first Trail Series event was held May 4th. He said the Parks and
37 Arts Board participated and would be hosting a cleanup day at Wild Rose Trail in conjunction
38 with the next Trail Series event on June 1st. He added the last Trail Series event would be July
39 6th. The Committee discussed what would be needed for these events including volunteers, water,
40 granola bars, and feather flags.
41
42
43

44 4. DISCUSSION ON POTENTIAL WELLNESS PROGRAMS INCLUDING YOGA IN
45 THE PARK OR OTHER IDEAS
46

47 Jane Hall reported that she spoke with Councilmember Jackson about yoga teachers as well as
48 hosting Silver Sneakers at the Eaglewood Golf Course. She would ask about the potential to have
49 a yoga class for the Health and Wellness Fair on August 8th between 5-8 pm.
50

51 5. DISCUSSION ON UPCOMING UNITY IN THE COMMUNITY EVENT LOGISTICS
52

53 Councilmember Van Langeveld reported that the Pride event would be June 3rd and the
54 Juneteenth event would be June 10th. She explained the Pride event would have multiple
55 vendors, a DJ, food trucks, and activities. She said City staff would have two booths, and set up
56 flags. She suggested having a community member chair these events rather than having the City
57 in charge. She mentioned the budget was approximately \$1,000 per event for these three Unity in
58 the Community events. She invited the Committee to participate in a TV segment on Monday
59 morning to promote these types of events in communities across the State. She said the Davis
60 County immunization clinic would be at the Unity in the Community events and the Health and
61 Wellness Fair.
62

63 6. REPORT ON HEALTH AND WELLNESS FAIR ACTION ITEMS
64

65 Janet Welsh spoke on the Health and Wellness Fair and said everything was organized with
66 vendors, Davis County, etc. and would be held on August 8th.
67

68 7. REPORT AND DISCUSSION ON 2024 GOALS AND ASSIGNMENTS
69

70 The Committee reviewed the 2024 goals and assignments which included the following:
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- 72 • Promote and host not less than 2 classes a year in conjunction with the Communities That
73 Care coalition (CTC)
- 74 • Review and inventory existing City open space, parks, and outdoor assets
- 75 • Highlight of a trail with a coordinating event three to four times per year
- 76 • Collaborate with the Health Department for use of City facilities for department programs
- 77 • Promote One Kind Act a Day and become a Community of Kindness
- 78 • Social media/newsletter item for CERT training, emergency preparedness
- 79 • Social media/newsletter spotlight an outdoor amenity with Health and Wellness
80 activity/event three times per year
- 81 • Promote the Wellness Survey by Utah State University and share results with the City
82 Council/residents
- 83 • Explore “Health in All Policies” in all City ordinances, plans, policies

- 84 • Work with other City Board/Committees for the creation of events such as food drives
85 and support existing food pantries
- 86 • Explore resources and plans to address homelessness and housing stability (programs,
87 landlord mediation, etc.)
- 88 • Creation of a resource document related to addiction recovery resources with links on the
89 City’s website as well as addiction recover materials at the Night Out Against Crime
90 event
- 91 • Coordinate with other City Committees/Boards for feedback on health and wellness
92 needs in the City
- 93 • Combine Committee activity with City Night Out Against Crime event
- 94 • Unity in the Community events (Juneteenth, Pride, Latino Heritage)

95
96 Chief Black commented that he had reached out to CTC to confirm the EveryDay Strong class
97 for September 25th.

98
99 Linda Horrocks mentioned that UTA would have a booth at the Unity in the Community events.

100
101 The Committee and staff reviewed each item and provided updates and assignments. The
102 Committee discussed newsletter items including trail etiquette such as pet waste on the trail,
103 kindness, vandalism and other issues at the parks and golf course.

104
105 Ken Leetham clarified the emergency preparedness item and said there was an emergency
106 preparedness manual on the City’s website. Councilmember Van Langeveld said the City
107 Council valued emergency preparedness but recognized it was a large undertaking. She spoke on
108 establishing a subcommittee if there was community interest.

109
110 Linda Horrocks shared that CERT training was available through South Davis Metro Fire and
111 that this information was available on the City’s website.

112
113 **8. REVIEW AND DISCUSSION ON HOMELESSNESS PRESENTATION**

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115 Councilmember Van Langeveld reported that Wayne Niederhauser presented to the City Council
116 and would like to share this presentation with the Committee. She asked to reschedule this item
117 to the next Health and Wellness Committee meeting. She spoke on increasing support and
118 advertising for foster parents and inviting Utah Foster Care to participate in City events (Liberty
119 Fest, Juneteenth, Health and Wellness Fair). She mentioned creating a document to show what
120 the City had done to address homelessness, resources, etc.

121
122 The Committee discussed having available emergency funds for families (avoid homelessness),
123 lease or landlord information/resources, and utility assistance.

124

125 The Committee also discussed the sewer district plant odor issues including what could be done
126 and what was causing the odors.

127

128 9. DISCUSSION ON FEEDBACK FROM OTHER COMMITTEES

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130 The Committee had nothing to report.

131

132 10. CITY COUNCIL UPDATE

133

134 Councilmember Van Langeveld mentioned the discussion with the City Council on amending the
135 Health and Wellness resolution and its general goals and objectives related to emergency
136 preparedness, and how it would remain with the Committee for now. She also spoke on active
137 transportation and the lack of bus service in Foxboro. Sherrie Pace replied that UTA had active
138 transportation on their long range plan for the year 2023-2032. She said this would connect
139 through the City to Salt Lake City and Bountiful.

140

141 11. COMMITTEE MEMBER BUSINESS

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143 The Committee had nothing to report.

144

145 12. DISCUSSION ON AGENDA AND SCHEDULE FOR NEXT MEETING

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147 Janet Welsh suggested canceling the June Committee meeting. She said the next meeting would
148 be July 8th and Jane would be absent. She mentioned the following agenda items for July:

149

- 150 • Homelessness discussion and presentation
- 151 • Yoga in the Park
- 152 • Health and Wellness Fair

153

154 13. ADJOURN

155

156 The meeting was adjourned at 7:40 p.m.

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158 *The foregoing was approved by the Health and Wellness Committee of the City of North Salt*
159 *Lake on July 8, 2024 by unanimous vote of all members present.*

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161

162

Wendy Page, City Recorder