

CITY OF NORTH SALT LAKE  
HEALTH AND WELLNESS COMMITTEE  
ANCHOR LOCATION: CITY HALL  
10 EAST CENTER STREET, NORTH SALT LAKE  
MAY 30, 2024

**FINAL**

Chair Welsh called the meeting to order at 6:30 p.m.

PRESENT: Mason Bennett, Vice Chair  
Jane Hall  
Janet Welsh, Chair  
Alisa Van Langeveld, City Council

EXCUSED: Chase Larson  
Corey Markisich

STAFF PRESENT: Ken Leetham, City Manager; Craig Black, Police Chief; Sherrie Pace, Community Development Director; Linda Horrocks, Communications Coordinator.

1. CITIZEN COMMENT

There were no citizen comments.

2. APPROVAL OF MINUTES

The Health and Wellness Committee minutes of April 8, 2024 were reviewed and approved.

**Committee Member Bennett moved to approve the minutes as drafted. Committee Member Hall seconded the motion. The motion was approved by Committee Members Bennett, Hall, and Welsh.** Committee Members Larson and Markisich were excused.

3. DISCUSSION ON THE TRAILS SERIES EVENTS AND CALENDAR FOR 2024

Mason Bennett reported that the first Trail Series event was held May 4<sup>th</sup>. He said the Parks and Arts Board participated and would be hosting a cleanup day at Wild Rose Trail in conjunction with the next Trail Series event on June 1st. He added the last Trail Series event would be July 6<sup>th</sup>. The Committee discussed what would be needed for these events including volunteers, water, granola bars, and feather flags.

#### 4. DISCUSSION ON POTENTIAL WELLNESS PROGRAMS INCLUDING YOGA IN THE PARK OR OTHER IDEAS

Jane Hall reported that she spoke with Councilmember Jackson about yoga teachers as well as hosting Silver Sneakers at the Eaglewood Golf Course. She would ask about the potential to have a yoga class for the Health and Wellness Fair on August 8<sup>th</sup> between 5-8 pm.

#### 5. DISCUSSION ON UPCOMING UNITY IN THE COMMUNITY EVENT LOGISTICS

Councilmember Van Langeveld reported that the Pride event would be June 3<sup>rd</sup> and the Juneteenth event would be June 10<sup>th</sup>. She explained the Pride event would have multiple vendors, a DJ, food trucks, and activities. She said City staff would have two booths, and set up flags. She suggested having a community member chair these events rather than having the City in charge. She mentioned the budget was approximately \$1,000 per event for these three Unity in the Community events. She invited the Committee to participate in a TV segment on Monday morning to promote these types of events in communities across the State. She said the Davis County immunization clinic would be at the Unity in the Community events and the Health and Wellness Fair.

#### 6. REPORT ON HEALTH AND WELLNESS FAIR ACTION ITEMS

Janet Welsh spoke on the Health and Wellness Fair and said everything was organized with vendors, Davis County, etc. and would be held on August 8<sup>th</sup>.

#### 7. REPORT AND DISCUSSION ON 2024 GOALS AND ASSIGNMENTS

The Committee reviewed the 2024 goals and assignments which included the following:

- Promote and host not less than 2 classes a year in conjunction with the Communities That Care coalition (CTC)
- Review and inventory existing City open space, parks, and outdoor assets
- Highlight of a trail with a coordinating event three to four times per year
- Collaborate with the Health Department for use of City facilities for department programs
- Promote One Kind Act a Day and become a Community of Kindness
- Social media/newsletter item for CERT training, emergency preparedness
- Social media/newsletter spotlight an outdoor amenity with Health and Wellness activity/event three times per year
- Promote the Wellness Survey by Utah State University and share results with the City Council/residents
- Explore “Health in All Policies” in all City ordinances, plans, policies

- Work with other City Board/Committees for the creation of events such as food drives and support existing food pantries
- Explore resources and plans to address homelessness and housing stability (programs, landlord mediation, etc.)
- Creation of a resource document related to addiction recovery resources with links on the City's website as well as addiction recover materials at the Night Out Against Crime event
- Coordinate with other City Committees/Boards for feedback on health and wellness needs in the City
- Combine Committee activity with City Night Out Against Crime event
- Unity in the Community events (Juneteenth, Pride, Latino Heritage)

Chief Black commented that he had reached out to CTC to confirm the EveryDay Strong class for September 25<sup>th</sup>.

Linda Horrocks mentioned that UTA would have a booth at the Unity in the Community events.

The Committee and staff reviewed each item and provided updates and assignments. The Committee discussed newsletter items including trail etiquette such as pet waste on the trail, kindness, vandalism and other issues at the parks and golf course.

Ken Leetham clarified the emergency preparedness item and said there was an emergency preparedness manual on the City's website. Councilmember Van Langeveld said the City Council valued emergency preparedness but recognized it was a large undertaking. She spoke on establishing a subcommittee if there was community interest.

Linda Horrocks shared that CERT training was available through South Davis Metro Fire and that this information was available on the City's website.

## 8. REVIEW AND DISCUSSION ON HOMELESSNESS PRESENTATION

Councilmember Van Langeveld reported that Wayne Niederhauser presented to the City Council and would like to share this presentation with the Committee. She asked to reschedule this item to the next Health and Wellness Committee meeting. She spoke on increasing support and advertising for foster parents and inviting Utah Foster Care to participate in City events (Liberty Fest, Juneteenth, Health and Wellness Fair). She mentioned creating a document to show what the City had done to address homelessness, resources, etc.

The Committee discussed having available emergency funds for families (avoid homelessness), lease or landlord information/resources, and utility assistance.

The Committee also discussed the sewer district plant odor issues including what could be done and what was causing the odors.

#### 9. DISCUSSION ON FEEDBACK FROM OTHER COMMITTEES

The Committee had nothing to report.

#### 10. CITY COUNCIL UPDATE

Councilmember Van Langeveld mentioned the discussion with the City Council on amending the Health and Wellness resolution and its general goals and objectives related to emergency preparedness, and how it would remain with the Committee for now. She also spoke on active transportation and the lack of bus service in Foxboro. Sherrie Pace replied that UTA had active transportation on their long range plan for the year 2023-2032. She said this would connect through the City to Salt Lake City and Bountiful.

#### 11. COMMITTEE MEMBER BUSINESS

The Committee had nothing to report.

#### 12. DISCUSSION ON AGENDA AND SCHEDULE FOR NEXT MEETING

Janet Welsh suggested canceling the June Committee meeting. She said the next meeting would be July 8<sup>th</sup> and Jane would be absent. She mentioned the following agenda items for July:

- Homelessness discussion and presentation
- Yoga in the Park
- Health and Wellness Fair

#### 13. ADJOURN

The meeting was adjourned at 7:40 p.m.

*The foregoing was approved by the Health and Wellness Committee of the City of North Salt Lake on August 12, 2024 by unanimous vote of all members present.*

  
Wendy Page, City Recorder

