



CITY OF NORTH SALT LAKE

HEALTH AND WELLNESS COMMITTEE MEETING NOTICE & AGENDA September 9, 2024 6:30 P.M.

Notice is given that the City of North Salt Lake's Health and Wellness Committee will hold a meeting on **September 9, 2024 at 6:30 p.m.** The meeting will be held in the Council Conference Room on the 2nd Floor of City Hall, 10 East Center Street, North Salt Lake, Utah. Some members may participate electronically.

The following items of business will be discussed; the order of business may be changed as time permits.

AGENDA ITEMS

1. Welcome
2. Citizen Comment
3. Approval of Minutes from August 12, 2024
4. Presentation and Introductions to Ladies of Charity
5. Review and Discussion of Homelessness
6. Discussion on Utah Foster Care
7. Discussion of Better Promotion of Resources at City Events
8. Discussion of Upcoming Events
 - a) Latino Heritage
 - b) Food Drive
9. Discussion on Feedback from Other Committees
10. City Council Update
11. Committee Member Business
12. Discussion on Agenda and Schedule for Next Meeting
13. Adjourn

Health & Wellness Committee meetings are open to the public. If you need special accommodation to participate in the meeting, please call (801) 335-8709 with at least 24 hours' notice.

Notice of Posting:

I, the duly appointed City Recorder for the City of North Salt Lake, certify that copies of the agenda for the Health & Wellness Committee meeting to be held **September 9, 2024** were posted on the Utah Public Notice Website: <https://www.utah.gov/pmn/>, City's Website: <https://www.nslcity.org>, and at City Hall: 10 E. Center St. NSL.

Date Posted: September 5, 2024


Wendy Page, City Recorder



1 CITY OF NORTH SALT LAKE
2 HEALTH AND WELLNESS COMMITTEE
3 ANCHOR LOCATION: CITY HALL
4 10 EAST CENTER STREET, NORTH SALT LAKE
5 AUGUST 12, 2024

6
7 **DRAFT**
8

9 Chair Welsh called the meeting to order at 6:30 p.m.

10
11 PRESENT: Mason Bennett, Vice Chair
12 Jeff Scroger
13 Janet Welsh, Chair
14 Alisa Van Langeveld, City Council
15

16 EXCUSED: Jane Hall
17 Corey Markisich
18

19 STAFF PRESENT: Ken Leetham, City Manager; Craig Black, Police Chief; Sherrie Pace,
20 Community Development Director; Linda Horrocks, Communications Coordinator.
21

22 OTHERS PRESENT: Marty Peterson, volunteer.
23

24 1. WELCOME
25

26 Janet Welsh welcomed visitor Marty Peterson and new committee member Jeff Scroger.
27

28 2. CITIZEN COMMENT
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30 There were no citizen comments.
31

32 3. APPROVAL OF MINUTES
33

34 The Health and Wellness Committee minutes of May 30, 2024 were reviewed and approved.
35

36 **Committee Member Bennett moved to approve the minutes. Committee Member Welsh**
37 **seconded the motion. The motion was approved by Committee Members Bennett, Scroger,**
38 **and Welsh.** Committee Members Hall and Markisich were excused.
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44 4. DISCUSSION ON THE HEALTH & WELLNESS FAIR

45
46 Janet Welsh thanked staff for scheduling the Everyday Strong class on September 25, 2024
47 through Davis Behavioral Health. She asked for feedback on the Health & Wellness Fair and
48 Night Out Against Crime event which was held on August 8th.

49
50 The Committee discussed the free hot dogs provided by the police department, participation by
51 State agencies, attendance levels, and K-9 demo.

52
53 5. REPORT AND DISCUSSION ON STATISTICAL DATA RELATED TO CRIME,
54 SUBSTANCE ABUSE, AND SUICIDE

55
56 Chief Black said he was not able to share confidential data but could share general suicide
57 numbers. He said the number of cases were not increasing or abnormally high compared to other
58 cities.

59
60 Janet Welsh indicated a general report on crime and suicide data for the City for the last five
61 years would be helpful. She specified that this information would be used for health and wellness
62 initiatives or classes that related to crime or substance abuse issues. She mentioned the potential
63 need to target certain demographics (such as teens or middle age men).

64
65 Chief Black shared that the school district would provide services and partner with the police
66 department for school age children. He said there were three suicides in the last year and they fit
67 the standard demographic of a middle age adult. He stated that Davis County Health and the
68 State provided resources for adults and suicide prevention. He suggested social media posts from
69 the City to highlight resources such as the National Alliance for Mental Illness (NAMI).

70
71 Sherrie Pace commented that NAMI held free classes and support groups. Linda Horrocks said
72 Davis County also provided suicide prevention information on their website as well.

73
74 **Councilmember Van Langeveld arrived at 6:50 p.m.**

75
76 Ken Leetham mentioned that he spoke with the City Council on inviting other public agency
77 partners to participate as part of the Health and Wellness Committee such as Davis County, the
78 school district, and Davis Behavior Health. He said the idea was to utilize existing resources and
79 obtain better data on food insecurity, homelessness, substance abuse, etc. He felt the role of the
80 Committee was to educate the public related to resources.

81
82 Chief Black noted that statistical data from the police department would be incomplete related to
83 substance abuse. He said up to date information on crime was reported to the State on a monthly
84 basis and asked what types of crimes would be relevant to the Committee. He said there were
85 already resources in place related to domestic violence situations.

86 Janet Welsh asked if the majority of the crimes in the City were property crimes. Chief Black
87 replied that 80% of the crimes were related to property and traffic. He said non-residential crimes
88 included fraud, thefts, embezzlement, vandalism, etc.

89
90 Janet Welsh questioned if any of the statistics were increasing in any category. Chief Black
91 replied that domestic violence, thefts, fraud, cases were rising. He mentioned that the City was
92 the highest per capita for car theft in the County. He suggested that residents report package or
93 other theft so that the police department was aware of where this crime was occurring to
94 proactively patrol those areas.

95

96 6. REVIEW AND DISCUSSION OF HOMELESSNESS PRESENTATION

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98 Councilmember Van Langeveld reported on the Be Healthy Utah Conference and meeting Wayne
99 Niederhauser who was the Utah Homeless Coordinator. She said Mr. Niederhauser reported on
100 this issue to the City Council in May. She mentioned that the State had mandated a homeless
101 services location in each County which may be placed in the City. She mentioned her concerns
102 with the proposed location due to the proximity to Salt Lake City.

103

104 Ken Leetham commented that he met earlier in the day with the County and learned of a
105 proposal, proposed location, facility, and use in North Salt Lake. He mentioned the City had not
106 yet received a formal application to discuss in a public meeting but would need to look at its
107 conditional uses closely and see what options existed.

108

109 Councilmember Van Langeveld spoke on identifying homeless as an issue and what the
110 Committee could do. She requested the presentation from Wayne Niederhauser be shared with
111 the Committee. She said it was a community level problem and not solved as an individual
112 problem. She shared ideas on what the City was already doing to support these community
113 members including support domestic violence victims and sharing resources, having a housing
114 continuum (low income to high income options), collaborating with Davis Behavioral Health,
115 providing mental health resources (Health and Wellness Fair), and prioritizing City wages with
116 cost of living adjustments (COLA). She shared areas to improve including lease and landlord
117 negotiations.

118

119 Janet Welsh mentioned landlord tenant issues related to refugees and housing. She indicated that
120 the laws in Utah favored the landlord and spoke on problems with deposits, damages, related to
121 language or other barriers. Sherrie Pace said the City had a Good Landlord program which had a
122 high participation rate and because it was incentivized.

123

124 Councilmember Van Langeveld then shared other suggestions related to homelessness including
125 collaborate with Division of Workforce Services, childcare resources, collaborating with Utah
126 Foster Care, and working with the religious communities.

127

128 Janet Welsh mentioned an idea to incentivize City businesses to hire residents. The Committee
129 discussed something similar to the Good Landlord program, tracking, and whether this could be
130 considered discrimination.

131
132 The Committee then reviewed other ways to help residents in need at City events including more
133 prominent placement of information for community resources, hosting quarterly food drives, or
134 providing QR codes for donations.

135
136 Linda Horrocks recommended inviting Bountiful Food Pantry and Ladies of Charity Food Pantry
137 to participate in these events and provide a list of needed items for food drives. She mentioned
138 reaching out to her contact, Mary Ellen Dworshak, with Ladies of Charity.

139
140 Janet Welsh requested that staff invite Mary Ellen Dworshak with Ladies of Charity to the next
141 Health and Wellness meeting to share the food pantry needs.

142
143 Councilmember Van Langeveld requested an agenda item to review the Utah Foster Care and
144 better promotion of resources at the food truck nights.

145
146 The Committee discussed ways to promote City events and encourage residents to follow the
147 City on social media.

148
149 7. DISCUSSION ON FEEDBACK FROM OTHER COMMITTEES

150
151 Councilmember Van Langeveld clarified that each member of this Committee was assigned as a
152 liaison for another City committee and periodic coordination or collaboration was helpful. Janet
153 Welsh indicated there currently was not an assignment for the Youth City Council but there were
154 others that were also optional.

155
156 8. CITY COUNCIL UPDATE

157
158 Councilmember Van Langeveld shared that the results from the most recent Wellness Survey
159 performed by Utah State University was very similar to the previous study. She said the
160 information was available online and was a great resource for the Committee.

161
162 9. COMMITTEE MEMBER BUSINESS

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164 Ken Leetham agreed to follow up with Isa Perry, Davis County Health Department, and let her
165 know the offer still stands for use of City facilities for Department programs.

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170 10. DISCUSSION ON AGENDA AND SCHEDULE FOR NEXT MEETING

171

172 The Committee requested the following agenda items for the September meeting:

173

- 174 • Ladies of Charity presentation
- 175 • Staff to register Committee members interested in attending the Be Healthy Utah
- 176 Conference
- 177 • Homelessness discussion
- 178 • Latino Heritage event on September 23rd

179

180 Mason Bennett reported on One Kind Act and placing signage on residential properties with
181 approval. He said the Youth City Council would be placing signage with homeowner approval on
182 August 20th or September 17th.

183

184 11. ADJOURN

185

186 The meeting was adjourned at 7:56 p.m.

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188 *The foregoing was approved by the Health and Wellness Committee of the City of North Salt*
189 *Lake on September 9, 2024 by unanimous vote of all members present.*

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Wendy Page, City Recorder