

CITY OF NORTH SALT LAKE
HEALTH AND WELLNESS COMMITTEE
ANCHOR LOCATION: CITY HALL
10 EAST CENTER STREET, NORTH SALT LAKE
AUGUST 12, 2024

FINAL

Chair Welsh called the meeting to order at 6:30 p.m.

PRESENT: Mason Bennett, Vice Chair
Jeff Scroger
Janet Welsh, Chair
Alisa Van Langeveld, City Council

EXCUSED: Jane Hall
Corey Markisich

STAFF PRESENT: Ken Leetham, City Manager; Craig Black, Police Chief; Sherrie Pace, Community Development Director; Linda Horrocks, Communications Coordinator.

OTHERS PRESENT: Marty Peterson, volunteer.

1. WELCOME

Janet Welsh welcomed visitor Marty Peterson and new committee member Jeff Scroger.

2. CITIZEN COMMENT

There were no citizen comments.

3. APPROVAL OF MINUTES

The Health and Wellness Committee minutes of May 30, 2024 were reviewed and approved.

Committee Member Bennett moved to approve the minutes. Committee Member Welsh seconded the motion. The motion was approved by Committee Members Bennett, Scroger, and Welsh. Committee Members Hall and Markisich were excused.

4. DISCUSSION ON THE HEALTH & WELLNESS FAIR

Janet Welsh thanked staff for scheduling the EveryDay Strong class on September 25, 2024 through Davis Behavioral Health. She asked for feedback on the Health & Wellness Fair and Night Out Against Crime event which was held on August 8th.

The Committee discussed the free hot dogs provided by the police department, participation by State agencies, attendance levels, and K-9 demo.

5. REPORT AND DISCUSSION ON STATISTICAL DATA RELATED TO CRIME, SUBSTANCE ABUSE, AND SUICIDE

Chief Black said he was not able to share confidential data but could share general suicide numbers. He said the number of cases were not increasing or abnormally high compared to other cities.

Janet Welsh indicated a general report on crime and suicide data for the City for the last five years would be helpful. She specified that this information would be used for health and wellness initiatives or classes that related to crime or substance abuse issues. She mentioned the potential need to target certain demographics (such as teens or middle age men).

Chief Black shared that the school district would provide services and partner with the police department for school age children. He said there were three suicides in the last year and they fit the standard demographic of a middle age adult. He stated that Davis County Health and the State provided resources for adults and suicide prevention. He suggested social media posts from the City to highlight resources such as the National Alliance for Mental Illness (NAMI).

Sherrie Pace commented that NAMI held free classes and support groups. Linda Horrocks said Davis County also provided suicide prevention information on their website as well.

Councilmember Van Langeveld arrived at 6:50 p.m.

Ken Leetham mentioned that he spoke with the City Council on inviting other public agency partners to participate as part of the Health and Wellness Committee such as Davis County, the school district, and Davis Behavior Health. He said the idea was to utilize existing resources and obtain better data on food insecurity, homelessness, substance abuse, etc. He felt the role of the Committee was to educate the public related to resources.

Chief Black noted that statistical data from the police department would be incomplete related to substance abuse. He said up to date information on crime was reported to the State on a monthly basis and asked what types of crimes would be relevant to the Committee. He said there were already resources in place related to domestic violence situations.

Janet Welsh asked if the majority of the crimes in the City were property crimes. Chief Black replied that 80% of the crimes were related to property and traffic. He said non-residential crimes included fraud, thefts, embezzlement, vandalism, etc.

Janet Welsh questioned if any of the statistics were increasing in any category. Chief Black replied that domestic violence, thefts, fraud, cases were rising. He mentioned that the City was the highest per capita for car theft in the County. He suggested that residents report package or other theft so that the police department was aware of where this crime was occurring to proactively patrol those areas.

6. REVIEW AND DISCUSSION OF HOMELESSNESS PRESENTATION

Councilmember Van Langeveld reported on the Be Healthy Utah Conference and meeting Wayne Niederhauser who was the Utah Homeless Coordinator. She said Mr. Niederhauser reported on this issue to the City Council in May. She mentioned that the State had mandated a homeless services location in each County which may be placed in the City. She mentioned her concerns with the proposed location due to the proximity to Salt Lake City.

Ken Leetham commented that he met earlier in the day with the County and learned of a proposal, proposed location, facility, and use in North Salt Lake. He mentioned the City had not yet received a formal application to discuss in a public meeting but would need to look at its conditional uses closely and see what options existed.

Councilmember Van Langeveld spoke on identifying homeless as an issue and what the Committee could do. She requested the presentation from Wayne Niederhauser be shared with the Committee. She said it was a community level problem and not solved as an individual problem. She shared ideas on what the City was already doing to support these community members including support domestic violence victims and sharing resources, having a housing continuum (low income to high income options), collaborating with Davis Behavioral Health, providing mental health resources (Health and Wellness Fair), and prioritizing City wages with cost of living adjustments (COLA). She shared areas to improve including lease and landlord negotiations.

Janet Welsh mentioned landlord tenant issues related to refugees and housing. She indicated that the laws in Utah favored the landlord and spoke on problems with deposits, damages, related to language or other barriers. Sherrie Pace said the City had a Good Landlord program which had a high participation rate and because it was incentivized.

Councilmember Van Langeveld then shared other suggestions related to homelessness including collaborate with Division of Workforce Services, childcare resources, collaborating with Utah Foster Care, and working with the religious communities.

Janet Welsh mentioned an idea to incentivize City businesses to hire residents. The Committee discussed something similar to the Good Landlord program, tracking, and whether this could be considered discrimination.

The Committee then reviewed other ways to help residents in need at City events including more prominent placement of information for community resources, hosting quarterly food drives, or providing QR codes for donations.

Linda Horrocks recommended inviting Bountiful Food Pantry and Ladies of Charity Food Pantry to participate in these events and provide a list of needed items for food drives. She mentioned reaching out to her contact, Mary Ellen Dworshak, with Ladies of Charity.

Janet Welsh requested that staff invite Mary Ellen Dworshak with Ladies of Charity to the next Health and Wellness meeting to share the food pantry needs.

Councilmember Van Langeveld requested an agenda item to review the Utah Foster Care and better promotion of resources at the food truck nights.

The Committee discussed ways to promote City events and encourage residents to follow the City on social media.

7. DISCUSSION ON FEEDBACK FROM OTHER COMMITTEES

Councilmember Van Langeveld clarified that each member of this Committee was assigned as a liaison for another City committee and periodic coordination or collaboration was helpful. Janet Welsh indicated there currently was not an assignment for the Youth City Council but there were others that were also optional.

8. CITY COUNCIL UPDATE

Councilmember Van Langeveld shared that the results from the most recent Wellness Survey performed by Utah State University was very similar to the previous study. She said the information was available online and was a great resource for the Committee.

9. COMMITTEE MEMBER BUSINESS

Ken Leetham agreed to follow up with Isa Perry, Davis County Health Department, and let her know the offer still stands for use of City facilities for Department programs.

10. DISCUSSION ON AGENDA AND SCHEDULE FOR NEXT MEETING

The Committee requested the following agenda items for the September meeting:

- Ladies of Charity presentation
- Staff to register Committee members interested in attending the Be Healthy Utah Conference
- Homelessness discussion
- Latino Heritage event on September 23rd

Mason Bennett reported on One Kind Act and placing signage on residential properties with approval. He said the Youth City Council would be placing signage with homeowner approval on August 20th or September 17th.

11. ADJOURN

The meeting was adjourned at 7:56 p.m.

The foregoing was approved by the Health and Wellness Committee of the City of North Salt Lake on September 9, 2024 by unanimous vote of all members present.



Wendy Page, City Recorder

