



# CITY OF NORTH SALT LAKE

## HEALTH AND WELLNESS COMMITTEE MEETING NOTICE & AGENDA

January 13, 2025  
6:30 P.M.

Notice is given that the City of North Salt Lake's Health and Wellness Committee will hold a meeting on **January 13, 2025 at 6:30 p.m.** The meeting will be held in the Council Conference Room on the 2<sup>nd</sup> Floor of City Hall, 10 East Center Street, North Salt Lake, Utah. Some members may participate electronically.

The following items of business will be discussed; the order of business may be changed as time permits.

### AGENDA ITEMS

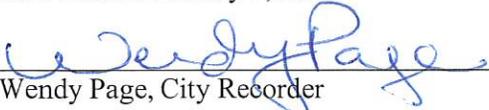
1. Welcome
2. Citizen Comment
3. Consideration and Election of Chair and Vice-Chair for 2025
4. Approval of Minutes from November 18, 2024
5. Recap of Winterfest Event Food Drive
6. Discussion on Goals and Priorities of the Health and Wellness Committee for 2025
7. Update on Pantry Pack/Hygiene Kits
8. Discussion on Unity in Community Schedule for 2025
9. Discussion on Point in Time Count for 2025 Participation
10. Discussion and Review of Davis County's Community Health Improvement Plan
11. Discussion on Feedback from Other Committees
12. City Council Update
13. Committee Member Business
14. Discussion on Agenda and Schedule Date for Next Meeting
15. Adjourn

**Health & Wellness Committee meetings are open to the public. If you need special accommodation to participate in the meeting, please call (801) 335-8709 with at least 24 hours' notice.**

#### **Notice of Posting:**

I, the duly appointed City Recorder for the City of North Salt Lake, certify that copies of the agenda for the Health & Wellness Committee meeting to be held **January 13, 2025** were posted on the Utah Public Notice Website: <https://www.utah.gov/pmn/>, City's Website: <https://www.nslcity.org>, and at City Hall: 10 E. Center St. NSL.

Date Posted: January 9, 2025

  
Wendy Page, City Recorder



1 CITY OF NORTH SALT LAKE  
2 HEALTH AND WELLNESS COMMITTEE  
3 ANCHOR LOCATION: CITY HALL  
4 10 EAST CENTER STREET, NORTH SALT LAKE  
5 NOVEMBER 18, 2024  
6

7 **DRAFT**  
8

9 Chair Welsh called the meeting to order at 6:30 p.m.  
10

11 PRESENT: Mason Bennett, Vice Chair  
12 Jane Hall  
13 Janet Welsh, Chair  
14 Alisa Van Langeveld, City Council  
15

16 EXCUSED: Jeff Scroger  
17

18 STAFF PRESENT: Ken Leetham, City Manager.  
19

20 OTHERS PRESENT: Drew Cannon, Pamela Cannon, residents.  
21

22 1. WELCOME  
23

24 Janet Welsh introduced Drew and Pamela Cannon and listed those present.  
25

26 2. CITIZEN COMMENT  
27

28 Drew Cannon asked regarding the purpose of the Health and Wellness Committee. He mentioned  
29 the recent proposal for a shelter in the City and said he was interested in participating. Janet  
30 Welsh commented that there would be an opening on the Committee in January.  
31

32 The Committee reviewed the term limits for existing members and the open positions.  
33

34 Janet Welsh spoke on the goals of the Committee and needs in the community including hosting  
35 a health and wellness fair (in conjunction with the Night Out Against Crime), coordinating  
36 programs with Davis Behavioral Health, shared recommendations with the City Council, and  
37 focused on resources related to food and housing issues.  
38

39 3. APPROVAL OF MINUTES  
40

41 The Health and Wellness Committee minutes of September 9, 2024 were reviewed and approved.

42 **Committee Member Bennett moved to approve the minutes of September 9, 2024.**  
43 **Committee Member Hall seconded the motion. The motion was approved by Committee**  
44 **Members Bennett, Hall, and Welsh.** Committee Member Scroger was excused.

45  
46 4. RECAP OF LATINO HERITAGE EVENT

47  
48 Councilmember Van Langeveld reported on the Latino Heritage event held in September in  
49 coordination with the Latinos in Action at Mueller Park Junior High. She mentioned that the  
50 students provided a kids table and a dance performance. She said there was a desire to have a  
51 community member run this event next year. She noted that vendors reported better attendance in  
52 conjunction with these events.

53  
54 Ken Leetham spoke on the food truck schedule for 2025. He said that the format would move  
55 from a weekly food truck night to a monthly food truck night. He commented that the City would  
56 advertise this change and the new dates. He suggested holding the Unity in the Community  
57 events on the same night as the food truck night.

58  
59 Councilmember Van Langeveld proposed holding the Unity in Community events in May, June  
60 (Juneteenth), July or August (Back to School), and September (Latino Heritage). She mentioned  
61 hosting the back to school night before August 15th.

62  
63 The Committee discussed collecting school supplies for the back to school night.

64  
65 5. REVIEW OF CONNECTED COMMUNITIES CONFERENCE

66  
67 Councilmember Van Langeveld commented that the Connected Communities Conference was a  
68 great event but had been unable to attend this year. She mentioned Davis for Health which was a  
69 countywide committee with the goals of improving mental, emotional and social wellbeing and  
70 improving access to resources and services. She said they had training information, action plans,  
71 and resources.

72  
73 Councilmember Van Langeveld noted that Davis for Health was similar to the Health and  
74 Wellness Committee. She shared that the operating group was the County Health Department  
75 and a separate steering committee. She commented that Health and Wellness Committee  
76 members could potentially attend those meetings and/or join that committee as well.

77  
78 6. DISCUSSION ON PANTRY PACK/HYGIENE KIT

79  
80 Councilmember Van Langeveld reported on the pantry pack/hygiene kit in response to the  
81 homeless shelter discussion and concrete ideas for supporting individuals before they lost  
82 housing. She said this could be a prevention plan, list of supports, access to a food bank, staff  
83 resources, and pantry packs/hygiene kits (available for police department to handout).

84 Ken Leetham commented that he would speak with the police chief on what this should include.  
85 He mentioned the local food bank, Center for Hope, on Orchard Drive would appreciate clothing  
86 or food.

87  
88 The Committee discussed hosting a food/clothing drive at the Winter Fest event and/or through  
89 the month of December at City Hall.

90  
91 Councilmember Van Langeveld provided an update on the countywide requirement for a  
92 permanent homeless shelter. She mentioned the location in the City and a church in Kaysville  
93 that were both omitted due to community pushback. She said the County had since found three  
94 locations for a permanent and rotating shelters in Kaysville and Layton. She requested that the  
95 City be engaged in supporting this system. She clarified that there would be warming centers and  
96 permanent shelters. She informed the Committee of a volunteering opportunity called Point in  
97 Time which included counting how many individuals were sleeping outdoors in each city.

98  
99 7. DISCUSSION ON POTENTIAL FOOD DRIVE WITH CITY'S WINTERFEST EVENT

100  
101 The Committee was in favor of holding a food drive in December with an emphasis at the Winter  
102 Fest event. They noted that Foxboro Elementary was also hosting a food drive.

103  
104 Ken Leetham noted that the donations for the Center of Hope came from grocery stores,  
105 corporations, and funding. He said they were in need of winter supplies.

106  
107 8. DISCUSSION ON FEEDBACK FROM OTHER COMMITTEES

108  
109 Janet Welsh clarified that each Committee member had an assignment to connect with other City  
110 committees.

111  
112 The Committee reviewed the assignments for Parks, Senior Lunch Bunch, Golf Committee,  
113 Planning Commission, and City Council. They discussed potential overlap of events or  
114 responsibilities, feedback from other committees, and needs.

115  
116 9. CITY COUNCIL UPDATE

117  
118 Councilmember Van Langeveld reported on the Winter Lights Fest on December 2<sup>nd</sup> and the  
119 need to schedule the Unity in the Community events for 2025 at an upcoming meeting.

120  
121 10. COMMITTEE MEMBER BUSINESS

122  
123 Mason Bennett mentioned a potential joint snowshoeing event near Tunnel Springs Park with the  
124 Parks Board in January.

125

126 Ken Leetham shared a new structure for the Parks, Trails, and Arts Board which would be  
127 divided into civic events, trails and active transportation, and arts. He said these committees  
128 would be staffed by Sherrie Pace, Linda Horrocks, and Public Works staff. He said he and Chief  
129 Black would staff the Health and Wellness Committee. He spoke on the drive for public art  
130 including murals, art in the parks, branding including entry monuments and banners, and  
131 performing arts.

132  
133 Janet Welsh mentioned that other States had a separate taxing body called the Park District which  
134 hosted classes and other events. Councilmember Van Langeveld mentioned that this was similar  
135 to the South Davis Rec District which the City contributed to financially.

136  
137 Janet Welsh questioned the Davis County Health Department and the initiative to bring services  
138 to the City. Ken Leetham replied that he reached out to Davis County to ensure they knew about  
139 the invitation. He was unsure if they would take advantage of the opportunity at this time.

140  
141 Mason Bennett spoke on the distance issue with the current Davis County Health Department  
142 location in Clearfield. Ken Leetham commented that Davis County recently held a flu  
143 shot/vaccination clinic at City Hall.

144  
145 The Committee spoke on other offerings from Davis County including classes and other mental  
146 health resources including inviting mental healthcare providers to participate in Unity in the  
147 Community events and providing facility space for Davis County or other providers.

148  
149 **11. DISCUSSION ON AGENDA AND SCHEDULE FOR NEXT MEETING**

150  
151 The Committee decided not to hold a Committee meeting in December. They proposed the  
152 following topics for the January 2025 meeting:

- 153  
154
- 155 • Unity in the Community schedule for 2025
  - 156 • Leadership (vote on new chair)
  - 157 • Point in Time event
  - 158 • Discussion and comparison of Davis for Health/Community health improvement plan
- 159  
160  
161  
162  
163  
164  
165  
166

167 12. ADJOURN

168

169 The meeting was adjourned at 7:33 p.m.

170

171 *The foregoing was approved by the Health and Wellness Committee of the City of North Salt*  
172 *Lake on January 13, 2025 by unanimous vote of all members present.*

173

174

175 \_\_\_\_\_  
*Wendy Page, City Recorder*