

CITY OF NORTH SALT LAKE
HEALTH AND WELLNESS COMMITTEE
ANCHOR LOCATION: CITY HALL
10 EAST CENTER STREET, NORTH SALT LAKE
NOVEMBER 18, 2024

FINAL

Chair Welsh called the meeting to order at 6:30 p.m.

PRESENT: Mason Bennett, Vice Chair
Jane Hall
Janet Welsh, Chair
Alisa Van Langeveld, City Council

EXCUSED: Jeff Scroger

STAFF PRESENT: Ken Leetham, City Manager.

OTHERS PRESENT: Drew Cannon, Pamela Cannon, residents.

1. WELCOME

Janet Welsh introduced Drew and Pamela Cannon and listed those present.

2. CITIZEN COMMENT

Drew Cannon asked regarding the purpose of the Health and Wellness Committee. He mentioned the recent proposal for a shelter in the City and said he was interested in participating. Janet Welsh commented that there would be an opening on the Committee in January.

The Committee reviewed the term limits for existing members and the open positions.

Janet Welsh spoke on the goals of the Committee and needs in the community including hosting a health and wellness fair (in conjunction with the Night Out Against Crime), coordinating programs with Davis Behavioral Health, shared recommendations with the City Council, and focused on resources related to food and housing issues.

3. APPROVAL OF MINUTES

The Health and Wellness Committee minutes of September 9, 2024 were reviewed and approved.

Committee Member Bennett moved to approve the minutes of September 9, 2024. Committee Member Hall seconded the motion. The motion was approved by Committee Members Bennett, Hall, and Welsh. Committee Member Scroger was excused.

4. RECAP OF LATINO HERITAGE EVENT

Councilmember Van Langeveld reported on the Latino Heritage event held in September in coordination with the Latinos in Action at Mueller Park Junior High. She mentioned that the students provided a kids table and a dance performance. She said there was a desire to have a community member run this event next year. She noted that vendors reported better attendance in conjunction with these events.

Ken Leetham spoke on the food truck schedule for 2025. He said that the format would move from a weekly food truck night to a monthly food truck night. He commented that the City would advertise this change and the new dates. He suggested holding the Unity in the Community events on the same night as the food truck night.

Councilmember Van Langeveld proposed holding the Unity in Community events in May, June (Juneteenth), July or August (Back to School), and September (Latino Heritage). She mentioned hosting the back to school night before August 15th.

The Committee discussed collecting school supplies for the back to school night.

5. REVIEW OF CONNECTED COMMUNITIES CONFERENCE

Councilmember Van Langeveld commented that the Connected Communities Conference was a great event but had been unable to attend this year. She mentioned Davis for Health which was a countywide committee with the goals of improving mental, emotional and social wellbeing and improving access to resources and services. She said they had training information, action plans, and resources.

Councilmember Van Langeveld noted that Davis for Health was similar to the Health and Wellness Committee. She shared that the operating group was the County Health Department and a separate steering committee. She commented that Health and Wellness Committee members could potentially attend those meetings and/or join that committee as well.

6. DISCUSSION ON PANTRY PACK/HYGIENE KIT

Councilmember Van Langeveld reported on the pantry pack/hygiene kit in response to the homeless shelter discussion and concrete ideas for supporting individuals before they lost housing. She said this could be a prevention plan, list of supports, access to a food bank, staff resources, and pantry packs/hygiene kits (available for police department to handout).

Ken Leetham commented that he would speak with the police chief on what this should include. He mentioned the local food bank, Center for Hope, on Orchard Drive would appreciate clothing or food.

The Committee discussed hosting a food/clothing drive at the Winter Fest event and/or through the month of December at City Hall.

Councilmember Van Langeveld provided an update on the countywide requirement for a permanent homeless shelter. She mentioned the location in the City and a church in Kaysville that were both omitted due to community pushback. She said the County had since found three locations for a permanent and rotating shelters in Kaysville and Layton. She requested that the City be engaged in supporting this system. She clarified that there would be warming centers and permanent shelters. She informed the Committee of a volunteering opportunity called Point in Time which included counting how many individuals were sleeping outdoors in each city.

7. DISCUSSION ON POTENTIAL FOOD DRIVE WITH CITY'S WINTERFEST EVENT

The Committee was in favor of holding a food drive in December with an emphasis at the Winter Fest event. They noted that Foxboro Elementary was also hosting a food drive.

Ken Leetham noted that the donations for the Center of Hope came from grocery stores, corporations, and funding. He said they were in need of winter supplies.

8. DISCUSSION ON FEEDBACK FROM OTHER COMMITTEES

Janet Welsh clarified that each Committee member had an assignment to connect with other City committees.

The Committee reviewed the assignments for Parks, Senior Lunch Bunch, Golf Committee, Planning Commission, and City Council. They discussed potential overlap of events or responsibilities, feedback from other committees, and needs.

9. CITY COUNCIL UPDATE

Councilmember Van Langeveld reported on the Winter Lights Fest on December 2nd and the need to schedule the Unity in the Community events for 2025 at an upcoming meeting.

10. COMMITTEE MEMBER BUSINESS

Mason Bennett mentioned a potential joint snowshoeing event near Tunnel Springs Park with the Parks Board in January.

Ken Leetham shared a new structure for the Parks, Trails, and Arts Board which would be divided into civic events, trails and active transportation, and arts. He said these committees would be staffed by Sherrie Pace, Linda Horrocks, and Public Works staff. He said he and Chief Black would staff the Health and Wellness Committee. He spoke on the drive for public art including murals, art in the parks, branding including entry monuments and banners, and performing arts.

Janet Welsh mentioned that other States had a separate taxing body called the Park District which hosted classes and other events. Councilmember Van Langeveld mentioned that this was similar to the South Davis Rec District which the City contributed to financially.

Janet Welsh questioned the Davis County Health Department and the initiative to bring services to the City. Ken Leetham replied that he reached out to Davis County to ensure they knew about the invitation. He was unsure if they would take advantage of the opportunity at this time.

Mason Bennett spoke on the distance issue with the current Davis County Health Department location in Clearfield. Ken Leetham commented that Davis County recently held a flu shot/vaccination clinic at City Hall.

The Committee spoke on other offerings from Davis County including classes and other mental health resources including inviting mental healthcare providers to participate in Unity in the Community events and providing facility space for Davis County or other providers.

11. DISCUSSION ON AGENDA AND SCHEDULE FOR NEXT MEETING

The Committee decided not to hold a Committee meeting in December. They proposed the following topics for the January 2025 meeting:

- Unity in the Community schedule for 2025
- Leadership (vote on new chair)
- Point in Time event
- Discussion and comparison of Davis for Health/Community health improvement plan

12. ADJOURN

The meeting was adjourned at 7:33 p.m.

The foregoing was approved by the Health and Wellness Committee of the City of North Salt Lake on January 13, 2025 by unanimous vote of all members present.



Wendy Page, City Recorder

