



# CITY OF NORTH SALT LAKE

## HEALTH AND WELLNESS COMMITTEE

### MEETING NOTICE & AGENDA

February 10, 2025

6:30 P.M.

Notice is given that the City of North Salt Lake's Health and Wellness Committee will hold a meeting on **February 10, 2025 at 6:30 p.m.** The meeting will be held in the Council Conference Room on the 2<sup>nd</sup> Floor of City Hall, 10 East Center Street, North Salt Lake, Utah. Some members may participate electronically.

The following items of business will be discussed; the order of business may be changed as time permits.

### AGENDA ITEMS

1. Welcome
2. Citizen Comment
3. Approval of Minutes from January 13, 2025
4. Discussion on Goals and Priorities of the Health and Wellness Committee for 2025
5. Update on Pantry Pack/Hygiene Kits
6. Discussion and Review of Davis County's Community Health Improvement Plan
7. Brainstorm and Create Ideas for Newsletter
8. Discussion on Point in Time Count Report
9. Discussion on Feedback from Other Committees
10. City Council Update
11. Committee Member Business
12. Discussion on Agenda and Schedule Date for Next Meeting
13. Adjourn

**Health & Wellness Committee meetings are open to the public. If you need special accommodation to participate in the meeting, please call (801) 335-8709 with at least 24 hours' notice.**

#### **Notice of Posting:**

I, the duly appointed City Recorder for the City of North Salt Lake, certify that copies of the agenda for the Health & Wellness Committee meeting to be held **February 10, 2025** were posted on the Utah Public Notice Website: <https://www.utah.gov/pmn/>, City's Website: <https://www.nslcity.org>, and at City Hall: 10 E. Center St. NSL.

Date Posted: February 6, 2025

  
Wendy Page, City Recorder



1 CITY OF NORTH SALT LAKE  
2 HEALTH AND WELLNESS COMMITTEE  
3 CITY HALL - 10 EAST CENTER STREET  
4 JANUARY 13, 2025

5  
6 **DRAFT**  
7

8 Vice Chair Bennett called the meeting to order at 6:30 p.m.  
9

10 PRESENT: Yemi Arunsi via Zoom  
11 Mason Bennett, Vice Chair  
12 Jane Hall  
13 Jeff Scroger  
14 Alisa Van Langeveld, City Council  
15

16 STAFF PRESENT: Ken Leetham, City Manager; Craig Black, Police Chief.  
17

18 OTHERS PRESENT: Nicole Whetstone, resident.  
19

20 1. WELCOME  
21

22 Yemi Arunsi introduced himself and said he worked as a nursing director for Intermountain  
23 Health. He commented that he had been working in healthcare for 14 years.  
24

25 2. CITIZEN COMMENT  
26

27 There were no citizen comments.  
28

29 3. CONSIDERATION AND ELECTION OF CHAIR AND VICE CHAIR FOR 2025  
30

31 **Councilmember Van Langeveld moved to elect Mason Bennett as Chair and Jeff Scroger as**  
32 **Vice Chair. Committee Member Bennett seconded the motion. The motion was approved**  
33 **by Committee Members Arunsi, Bennett, Hall, and Scroger.**  
34

35 4. APPROVAL OF MINUTES  
36

37 The Health and Wellness Committee minutes of November 18, 2024 were reviewed and  
38 approved.

39 **Committee Member Hall moved to approve the minutes of November 18, 2024. Committee**  
40 **Member Scroger seconded the motion. The motion was approved by Committee Members**  
41 **Arunsi, Bennett, Hall, and Scroger.**

42

43 5. RECAP OF WINTERFEST EVENT FOOD DRIVE

44

45 Ken Leetham reported that the receptacle was filled several times. He said the City could host an  
46 annual food drive. He mentioned a quarterly publication (mailed or electronic) from the Health  
47 and Wellness Committee related to education, resources, and establishing a presence. He noted  
48 that the newsletter could also be added to the City's website.

49

50 Jeff Scroger provided some suggestions including links to Davis Behavior Health and the  
51 resources there.

52

53 Jane Hall said there could be a focus on staying active mentally and physically during the winter  
54 months.

55

56 Ken Leetham asked the Committee to send ideas to staff who would design the newsletter. He  
57 suggested that the newsletter be two or three pages with links. He said the Committee would  
58 review the draft before publishing. He noted that if the Committee sent over ideas now that the  
59 newsletter would be ready to review and distribute by mid-February.

60

61 6. DISCUSSION ON GOALS AND PRIORITIES OF THE HEALTH AND WELLNESS  
62 COMMITTEE FOR 2025

63

64 Councilmember Van Langeveld commented that one of the goals for 2025 was to produce a  
65 newsletter and suggested 3 or 4 throughout the year.

66

67 The Committee discussed when to hold a food drive. They spoke on having a poster advertising  
68 the Food Bank available at events such as the food truck night.

69

70 Councilmember Van Langeveld shared the 2024 goals and priorities. The Committee reviewed  
71 and agreed on the following actions for these 2024 goals:

72

73 • Review the inventory of existing City open space, parks, and outdoor assets to be moved  
74 to the new Trails Committee.

75

76 • Have Jeff Scroger reach out to the Health Department in regards to collaborating the use  
77 of City facilities for Department programs.

78

79       • Remove emergency preparedness from the Committee’s oversight.

80

81       • Unity in the Community Events (Juneteenth on June 16th, Pride event on June 2nd,  
82       Latino on September 22nd) and vendor food truck/Back to School night on August 4<sup>th</sup> to  
83       be moved to the Events Committee.

84

85 The Committee determined to continue and add the following goals for 2025:

86

87       • Promote and host not less than two classes per year in conjunction with the Communities  
88       That Care Coalition (CTC)

89       • Highlight of a trail with a coordinating event three to four times per year (Strava app) in  
90       coordination with Trails or Events Committee

91       • Continue to Promote Unity in the Community and other events that promote kindness

92       • Potentially create a category for items related to CERT training, emergency preparedness  
93       in the newsletter/social media

94       • Three times per year prepare a newsletter/social media spotlight on an outdoor amenity in  
95       corresponding Health & Wellness activities or scheduled events

96       • Provide feedback and results from the Wellness Survey by Utah State University in the  
97       newsletter

98       • Explore “health in all” policies in all City ordinances, plans, and policies

99       • Work with other City board/committees for the creation of events such as food drives and  
100       support of existing food pantries

101       • Explore resources and plans to address homelessness and housing stability (programs,  
102       landlord mediation, participate in Point in Time count, etc.

103       • Creation of a document with resources that would help residents obtain access to food  
104       clothing, services for homeless, also explore hygiene kits and other activities to support  
105       homeless

106       • Creation of a resource on the City’s website related to addiction recovery resources as  
107       well as including addiction recover materials in the Night Out Against Crime event. Refer  
108       residents to Davis County website and links with resources

109       • Annually coordinate with other City boards/committees to solicit feedback on needs and  
110       share recommendations

111       • Combine a Committee activity (Health Fair) with the City’s Night Out Against Crime on  
112       August 7th

113       • Quarterly outreach publication to the residents (mailed once per year, flyers in strategic  
114       locations such as churches, businesses, Lees)

115

116 The Committee determined who would coordinate with the other City Committees including:  
117 Mason Bennett with Trails Committee, Jeff Scroger with the Senior Lunch Bunch, Jane Hall with  
118 the Golf Committee, Sherrie Pace with the Planning Commission, Alisa Van Langeveld with the  
119 City Council, Yemi Arunsi with the Youth City Council, and Sam with the Events Committee.

120

121 7. UPDATE ON PANTRY PACK/HYGIENE KITS

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123 Councilmember Van Langeveld asked what might be helpful for police officers to keep in their  
124 patrol cars. Chief Black replied that he would research what would be useful. He anticipated that  
125 they would only need several dozen kits.

126

127 Councilmember Van Langeveld also mentioned having a donation drive to prepare these kits.  
128 The Committee discussed having kits for the homeless and potential available for local schools.

129

130 Councilmember Van Langeveld asked about the County's Code Blue plan. Chief Black  
131 responded on the locations of the Code Blue facilities and that the police department had been  
132 transporting individuals there due to the low need in the City. He suggested the kit could be a  
133 backpack with a blanket.

134

135 8. DISCUSSION ON UNITY IN COMMUNITY SCHEDULE FOR 2025

136

137 Councilmember Van Langeveld commented that the Unity in the Community events would be  
138 moved to the Events Committee and shared the scheduled dates for these events with Juneteenth  
139 on June 16th, the Pride event on June 2nd, and the Latino Heritage event on September 22<sup>nd</sup>. She  
140 also mentioned a vendor food truck/Back to School night with participation from local schools  
141 on August 4<sup>th</sup>.

142

143 9. DISCUSSION ON POINT IN TIME COUNT FOR 2025 PARTICIPATION

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145 The Committee discussed volunteering for the Point in Time Count and going together as a  
146 group.

147

148 10. DISCUSSION AND REVIEW OF DAVIS COUNTY'S COMMUNITY HEALTH  
149 IMPROVEMENT PLAN

150

151 Councilmember Van Langeveld mentioned signing up for the Davis for Health email list. She  
152 shared the Davis Links website. She noted that the next community event would be held  
153 February 27<sup>th</sup> with a theme of resilience and connection.

154

155 Mason Bennett spoke on reviewing a specific book as a Committee and looking at the Davis  
156 County Health website to determine if there were additional goals to be adopted. He suggested  
157 attending the steering committee and other meetings.

158

159 11. DISCUSSION ON FEEDBACK FROM OTHER COMMITTEES

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161 The Committee determined that this would be included on future agendas and the Committee  
162 member could provide feedback after they attended those meetings.

163

164 12. CITY COUNCIL UPDATE

165

166 Councilmember Van Langeveld reported on the changes to the Parks and Arts Committee  
167 including the Trails and Active Transportation, Arts, and Civic Events. She encouraged the  
168 Committee members to volunteer at one event during the year. She said the City was working on  
169 the General Plan with an eye towards public health policies. She shared that the Foxboro  
170 Wetlands project was scheduled to be completed by the end of 2025.

171

172 Ken Leetham mentioned that the annual update for the Health and Wellness Committee to the  
173 City Council would be scheduled for March.

174

175 13. COMMITTEE MEMBER BUSINESS

176

177 Yemi Arunsi mentioned the recent car thefts and if there were resources available for victims of  
178 crimes in the City. Chief Black replied that the State had an office for crime victims and  
179 restitution but was limited to violent crimes. He said reimbursement of property generally fell on  
180 the victim's insurance. He mentioned that it was an active case and the police were following up  
181 on leads.

182

183 14. DISCUSSION ON AGENDA AND SCHEDULE DATE FOR NEXT MEETING

184

185 The Committee planned to discuss the following items at the next meeting on Monday, February  
186 10th:

187

- 188 • Citizen comment
- 189 • Approval of minutes
- 190 • Discussion on goals and priorities of the Health and Wellness Committee for 2025
- 191 • Update on pantry pack/hygiene kits
- 192 • Discussion and review of Davis County's Community Health Improvement Plan
- 193 • Brainstorm and create ideas for newsletter

- 194 • Discussion on point in time count report
- 195 • City Council annual report
- 196 • Discussion and feedback from other Committees
- 197 • City Council update
- 198 • Committee Member Business
- 199 • Discussion on agenda and schedule date for next meeting

200

201 15. ADJOURN

202

203 The meeting was adjourned at 8:06 p.m.

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206 *The foregoing was approved by the Health and Wellness Committee of the City of North Salt*  
207 *Lake on February 10, 2025 by unanimous vote of all members present.*

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211 *Wendy Page, City Recorder*