

CITY OF NORTH SALT LAKE
HEALTH AND WELLNESS COMMITTEE
CITY HALL - 10 EAST CENTER STREET
FEBRUARY 10, 2025

FINAL

Chair Bennett called the meeting to order at 6:30 p.m.

PRESENT: Sam Ball
Mason Bennett, Chair
Jane Hall
Jeff Scroger
Alisa Van Langeveld, City Council

EXCUSED: Yemi Arunsi

STAFF PRESENT: Ken Leetham, City Manager; Craig Black, Police Chief.

OTHERS PRESENT: Nicole Whetstone, resident.

1. WELCOME

Mason Bennett welcomed the newest member of the Committee, Sam Bell, who then provided a brief introduction of himself.

The Committee had a brief discussion about Mr. Bell's service on the Woods Cross Air Quality Committee and air quality policies that could be implemented in the City related to alternative transportation and the refineries.

2. CITIZEN COMMENT

There were no citizen comments.

3. APPROVAL OF MINUTES

The Health and Wellness Committee minutes of January 13, 2025 were reviewed and approved.

Committee Member Bennett moved to approve the minutes of January 13, 2025.

Committee Member Scroger seconded the motion. The motion was approved by Committee Members Ball, Bennett, Hall, and Scroger. Committee Member Arunsi was excused.

4. DISCUSSION ON GOALS AND PRIORITIES OF THE HEALTH AND WELLNESS COMMITTEE FOR 2025

Ken Leetham shared the goals and priorities from 2024. The Committee reviewed and determined that the following would be continued or added for 2025:

- Promote and host no less than two classes per year in conjunction with CTC Coalition
- Quarterly outreach publication to residents (City newsletter, social media, separate newsletter)
- Highlight of a trail with coordinating event three to four times per year (Strava app)
- Goal related to air quality (social media)
- Social media/newsletter items related to CERT training
- Highlight outdoor amenity activities and events (newsletter)
- Share results from 2024 wellness survey by USU (newsletter)
- Explore “Health in All” policies in City ordinances, plans, and policies
- Work with other City boards/committees on food drives & support food pantries
- Explore resources for/plans to address homelessness and housing stability (programs)
- Creation of resource document related to obtaining access to food, clothing, etc. for homeless, also hygiene kits
- Creation of resource document related to addiction recovery for City’s website and at events (linked from County resources)
- Coordinate with other committees/boards to solicit feedback, share recommendations
- Wellness Fair/Night Out Against Crime event

5. UPDATE ON PANTRY PACK/HYGIENE KIT

Chief Black reported that the items requested were items such as socks and underwear. He suggested having these ready for fall with 20-30 packs. He questioned if the Committee wanted to partner with the County to provide supplies for individuals associated with Code Blue or something similar. He said the police department generally interacted with one to two individuals per week.

Councilmember Van Langeveld mentioned that a local HOA was interested in collecting items for the pantry packs/hygiene kits. Chief Black replied that he would send a list to the Committee

and mentioned that requested items included personal hygiene, clothing, emergency blankets, etc. He said the police officers would keep a kit in every car and any extra supplies could be donated to the Code Blue shelters or Center for Hope.

6. BRAINSTORM AND CREATE IDEAS FOR NEWSLETTER

The Committee discussed creating a Health and Wellness newsletter (digital or printed) as well as sharing information via social media and having a section of the City newsletter. They determined newsletter topics could include: events (health fair, trails, classes), a Committee introduction and goals, CERT/emergency prep, USU wellness survey, outdoor amenities, air quality, etc.

Councilmember Van Langeveld mentioned a goal related to air quality and suggested information in the newsletter, policy ideas for the City Council, and share concepts and lobby the legislature.

The Committee discussed related items to air quality including refineries, gravel pits, and other pollution.

7. DISCUSSION ON POINT IN TIME COUNT REPORT

Councilmember Van Langeveld commented that the Point in Time count occurred last week. She said the Code Blue shelter in Davis County was accepting volunteers on a Code Blue day of event. She noted that the shifts were three and a half hours long and started at 8 p.m., 11:30 a.m., and 3:30 a.m. and would share the contact information with the Committee.

8. CITY COUNCIL UPDATE

Councilmember Van Langeveld reported that the City Council passed a resolution amending the bylaws of the Health and Wellness Committee to change the length of service, which was by appointment, to a four year term. She then mentioned that UTA would resume bus service in the Foxboro area but spoke on her disappointment with the proposed route. She shared that there would be a UTA Board meeting this week that she would be attending to voice her concern.

9. COMMITTEE MEMBER BUSINESS

Jane Hall commented that she would be resigning from the Committee.

Ken Leetham commented that members of the public could be invited to attend and contribute to the Committee meetings.

Jeff Scroger mentioned that he was working with the Ladies of Charity to have their information (donation, volunteers, website) available at events.

10. DISCUSSION AND REVIEW OF DAVIS COUNTY'S COMMUNITY HEALTH IMPROVEMENT PLAN

Councilmember Van Langeveld reported that the Committee would be added to the County email list and would receive a copy of the report to review. She spoke on partnering with this organization and aligning goals. She mentioned The Kindness Summit on April 11th at the University of Utah and invited Committee members to attend.

11. DISCUSSION ON AGENDA AND SCHEDULE DATE FOR NEXT MEETING

The Committee determined that the next meeting would be held on March 10th. The following agenda items were discussed:

- Citizen comment
- Approval of minutes
- Discussion on goals and priorities of the Committee
- Review ideas for newsletter or social media
- Evaluate how to promote Ladies of Charity
- Discussion and review of Davis County's Community Health Improvement Plan
- Discussion on Point in Time Count report
- Presentation for One Kind Act a Day (Mason Bennett)
- Discussion on feedback from other committees
- City Council update
- Committee member business
- Discussion on agenda and schedule date for next meeting

12. ADJOURN

The meeting was adjourned at 7:51 p.m.

The foregoing was approved by the Health and Wellness Committee of the City of North Salt Lake on March 10, 2025 by unanimous vote of all members present.

Wendy Page

Wendy Page, City Recorder

